



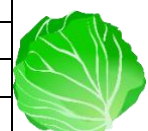
### Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
					
	Sausages (14) Quorn Sausage (2,4,7)	Cheese & Tomato pizza (2,4,7)	Roast Turkey Dinner  Quorn Fillet (4,7)	All Day Breakfast (4,7,14) Veggie Breakfast (2,4,7)	Battered Fish (2,5,7) Fishless Finger (2,4)
	Seasonal Mixed Vegetables	Baked Beans	Seasonal Mixed Vegetables	Baked Beans & Tomatoes	Peas
	Mash Potato (7)  Yorkshire Pudding (2,4,7)	Potato Wedges	Yorkshire Pudding (2,4,7)  Roast Potatoes	Hash Brown  Bread Butter (2,13,7)	Chips  Bread & Butter (2,7)
	Marble Sponge Cake & Custard (2,4,7)	Chocolate Chip Cookie (2,4,7)	Chocolate, Strawberry or Banana Whip (7)	Iced Sponge and Custard (2,4,7)	Raspberry Trifle (7)


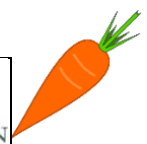



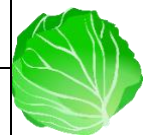
Assorted sandwiches and jacket potatoes served with unlimited vegetables or salad to accompany the meals- freshly prepared salad bar & Bread daily (2,4,5,7,13) Yoghurt (7) and fruit are available daily as a choice of dessert. Fresh water & Milk (7)

GLUTEN FREE OPTIONS AVAILABLE DAILY

	1 Celery	2 Cereals Containing Gluten	3 Crustaceans (such as prawns, crabs & lobsters)	4 Eggs
	5 Fish	6 Lupin	7 Milk	8 Molluscs
	9 Mustard	10 Nuts	11 Peanuts	12 Sesame Seeds
	13 Soya		14 Sulphur Dioxide and Sulphites	



**Week 2**

Monday	Tuesday	Wednesday	Thursday	Friday
 Cottage Pie (14) Quorn Mince Pie (2,4,7)	Pork Meatballs in Tomato & Basil  Meatless balls in Tomato & Basil (4,7)	Gammon Dinner  Quorn Fillet (4,7)	Chicken Burger (2,7)  Veggie Burger (2,4,7)	 Battered Fish (2,5,7) Fishless Finger (2,4)
Seasonal Mixed Vegetables	Mushrooms, peppers, onions	Seasonal Mixed Vegetables	Baked Beans & Sweetcorn	Peas
Mash Potato (7)	Pasta (2) Garlic Bread (2,7)	Yorkshire Pudding (2,4,7)  Roast Potatoes	Potato Twists (2)	Chips  Bread & Butter (2,7)
 Chocolate Sponge Cake & Chocolate Custard (2,4,7)	Chocolate, Strawberry or Banana Whip (7)	Strawberry Shortcake biscuit (2,7)	Lemon Sponge Cake & Custard (2,4,7)	   Mixed Cupcakes (2,4,7)

Assorted sandwiches and jacket potatoes served with unlimited vegetables or salad to accompany the meals- freshly prepared salad bar & Bread daily (2,4,5,7,13) Yoghurt (7) and fruit are available daily as a choice of dessert. Fresh water & Milk (7)

**GLUTEN FREE OPTIONS AVAILABLE DAILY**

1 Celery	2 Cereals Containing Gluten	3 Crustaceans (such as prawns, crabs & lobsters)	4 Eggs
5 Fish	6 Lupin	7 Milk	8 Molluscs
9 Mustard	10 Nuts	11 Peanuts	12 Sesame Seeds
13 Soya		14 Sulphur Dioxide and Sulphites	

