




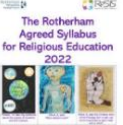
Milton Personal Development Programme



A structured programme designed to support success for all pupils. Designed to help pupils gain the skills, knowledge and understanding they need to lead healthy, independent lives and to become caring, informed and responsible citizens. The PD programme at Milton is more than just lessons. It is a whole school experience: from assemblies to educational visits, from breakfast to cultural capital discussions, from life skills and clubs to interventions and pastoral care.




Our Milton school values		
Be Kind 	Be Proud 	Be Creative 

Our Milton Curriculum Drivers				
Independence Supporting confidence, autonomy and self-reliance	Functionality Enabling practical skills for everyday life	Choice Empowering individuals to make informed choices	Voice Enabling individuals to express needs, share feelings, valuing opinions and actively participate	Joy in living Promoting happiness, wellbeing and fulfilment

Quality first teaching for all pupils Discrete weekly lessons	
PSHE Jigsaw	Religious Education
<p>Our PSHE curriculum supports pupils' personal, social and emotional development through the Jigsaw programme.</p>  <ol style="list-style-type: none"> Being Me in My World – Included understanding my place in the class, school and global community Celebrating Difference – Includes anti-bullying (cyber and homophobic bullying included) and diversity work. Dreams and Goals – Includes goal setting, aspirations for yourself and the world and working together. Healthy Me – Includes drugs and alcohol education, self-esteem and confidence as well as healthy life-style choices. Relationships – Includes understanding friendship, family and other relationships, conflict resolution and communication skills. Changing Me – Includes sex and relationship education in the context of coping positively with change. (includes age and stage appropriate sex education) <p>Together, these areas help children become confident, caring and resilient individuals who understand themselves, respect others and are well prepared to face new challenges as they grow and develop.</p>	<p>Milton follow the Rotherham Agreed Syllabus for RE.</p>  <p>Religious Education plays an important role in supporting pupils' personal development by helping them explore big questions about life, beliefs and what it means to be human. Through learning about different religions and worldviews, children develop respect, curiosity and understanding of the diverse world around them, while also reflecting on their own ideas, values and experiences. Our RE curriculum:</p> <ul style="list-style-type: none"> • Thinking about religion and belief • Enquiring, investigating and interpreting • Practices and lifestyles • Beliefs and teachings • Expression and language • Identity and experience • Meaning and purpose • Values and commitments <p>These skills help pupils become thoughtful, reflective and respectful individuals who can understand themselves and others, and who are prepared to live positively in a diverse and changing society.</p>

Life skills	
Discrete weekly lessons and rehearsal across the day, week and school year	
My Independence	Preparation for adulthood
<p>Our My Independence curriculum teaches our youngest pupils the skills they need to help them access learning, take part in wider school experiences, perform self-care routines and learn about the community. My Independence skills are taught discretely and then rehearsed throughout the day, week and school year. The skills our youngest pupils are taught are transferable from school to home.</p>  <p>Each year we cover 6 themes. Overlearning and progression is built into the curriculum to allow pupils to gain confidence and accuracy. The themes are:</p> <ul style="list-style-type: none"> • Travel training • Dressing and undressing • Shopping • Local attractions and people who help me • Food preparation • Looking after my body 	<p>Our Preparation for adulthood curriculum teaches our pupils the knowledge and skills they need to live a safe, successful and independent life. It prepares our pupils for transition and life beyond Milton.</p>  <p>Preparation for adulthood skills and knowledge are taught discretely and then rehearsed throughout the day, week and school year.</p> <p>There are 7 themes. Overlearning and progression is built into the curriculum. Within KS4 units provide opportunity for pupils to gain additional life skills qualifications. The themes are:</p> <ul style="list-style-type: none"> • Travel training, • Household management, • Dressing and undressing • Looking after my body • local attractions, people who help me • food preparation, shopping • independent living

Structured weekly assemblies			
Purpose of our assemblies	Monday assemblies	Friday celebration assemblies	Special assemblies and visiting speakers
<p>We begin and end each week at Milton with assembly.</p> <p>Assembly brings our school community together, creating a sense of belonging and togetherness.</p>  <p>Our assemblies provide opportunities for our school community to:</p> <ul style="list-style-type: none"> • celebrate academic and personal achievements • keep our school values alive • reflect as a school community • gain spiritual awareness • consider moral issues • develop personal skills of citizenship • promote positive attitudes • reinforce the importance of good attendance 	<p>We begin each week with a class assembly with a common topic/message for discussion and/or reflection across school.</p> <p>Each half term assembly planning includes:</p> <ul style="list-style-type: none"> • A story of an inspirational person who will challenge thinking and inspire our pupils. • A message of seasonal safety • We end each half term with learning and reflection on how to stay safe online to help keep our pupils safe over the break. <p>Safety messages typically include:</p> <ul style="list-style-type: none"> • Road safety • Safety near frozen water • Railway safety • Sun safety 	<p>Friday assembly is a highlight of the week with phases of school coming together to celebrate pupil achievements.</p> <p>We congratulate pupils for demonstrating our school values and certificates are given out.</p>	<p>Our calendar of assemblies includes special weeks which allow additional time to explore, question and understand key themes linked to religion, traditions and historical events, British Values, Equality, community and citizenship.</p> <p>These include:</p> <ul style="list-style-type: none"> • Harvest • Remembrance • White Ribbon • Anti-bullying week • Christmas • Easter • Pride, Unique Me <p>We build links with community figures and guests to enhance our assemblies.</p> <p>These include:</p>

	<ul style="list-style-type: none"> • Stranger danger 		<ul style="list-style-type: none"> • Minister from the local church • Representatives from the foodbank • Sports leaders and figures • Charity leaders
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Immersive opportunities to explore Fundamental British Values, Equality and Protected Characteristics


Picture News	Newsround
<p>Adventurer and older Discovers classes take part in weekly Picture News class discussions.</p> <p>Within the safe space of the classroom, teachers use the Picture News resources to spark discussions, helping pupils to find their voice and gain in confidence to talk about real-world topics and current affairs.</p> <p>Sensitive discussions challenge our pupils to develop critical thinking, empathy and an understanding of local and global issues.</p> <p>Each week teachers link learning to British Values, Protected Characteristics and Equality.</p>	<p>Classes watch Newsround at least weekly.</p> <p>The class come together to watch and discuss local, UK and global news topics.</p> <p>We do not shy away from challenging topics. Instead pupils are supported to ask and answer questions, reflect and share opinions.</p>




Pastoral


Meet and greet, positive relationships	Breakfast check in	Work of the pastoral mentors	Wider targeted interventions
<p>High quality and effective pastoral support begins with the caring and positive relationships staff build with pupils.</p> <p>We start each day with a fresh start. A familiar member of staff meets and greets each pupil, each morning.</p>	<p>Breakfast time in each classroom provides pupils with a soft landing after often a busy start to their day.</p> <p>Whilst sitting around the table, staff check in with pupils and prepare them for the day.</p> <p>Daily breakfast discussion prompts in the form of questions, pictures, film clips are used to promote communication skills, reflect on school values and topic issues.</p>	<p>Pupils who require additional pastoral support are provided this by our Pastoral mentors, ELSAs and Mental Health Lead.</p> <p>Pupils requiring pastoral intervention are identified through:</p> <ul style="list-style-type: none"> • Requirements of section F of EHCPs • ELSA referrals • Actions from school safeguarding meetings • Analysis of internal behaviour data • Requests from social care • Requests from parents and pupils <p>The focus on pastoral support varies. Targets are set and records kept so impact can be measured.</p> <p>Content typically includes:</p> <ul style="list-style-type: none"> • Strategies to manage emotions • Supporting young carers • Addressing online safety concerns • Teaching and practising hygiene routines • Coping strategies for bereavement 	<p>Specialist and external interventions are provided to help pupils each week.</p> <p>Pupils requiring this intervention are identified through:</p> <ul style="list-style-type: none"> • Requirements of section F of EHCPs • Actions from school safeguarding meetings • Analysis of internal behaviour data • Reports by external professionals including Educational Psychologist, Speech and Language, Sensory Processing. <p>These interventions support the development of SEMH needs, physical needs, communication needs. They include:</p> <ul style="list-style-type: none"> • Art therapy • Music therapy • Occupational therapy • Animal therapies




Careers		
Qualifications	Career guidance	Work experience
<p>Careers programme begins in Year 7.</p> <p>All pupils leave Milton with a English, Maths and Science qualification along with vocational and/or life skills qualifications. This prepares our pupils for their next stage in education and work place.</p> <p>Qualifications include:</p> <ul style="list-style-type: none"> • BTEC food • Sports leadership awards 	<p>Our pupils have access to:</p> <ul style="list-style-type: none"> • Impartial information, advice and guidance from a qualified, independent careers advisor • An individual careers interview with a personalised action plan • Careers events, local careers fairs and visits to post-16 providers and employers • Support in writing personal statements and CVs • Detailed, accurate and supportive references • Where appropriate, opportunities to engage in work-related learning and employer encounters • Support and guidance in exploring apprenticeships and training opportunities • Additional, tailored support for students with special educational needs and disabilities or those who may face barriers to post-16 progression 	<p>Work experience begins at Milton in a place pupils feel safe and comfortable. This allows pupils to practice CV writing, write job application, have interview practice.</p> <p>Work experience at Milton includes:</p> <ul style="list-style-type: none"> • Shop assistant in the Lodge snack bar • Lunchtime assistant • Reading assistant <p>We aim to provide further work experience opportunities linked to our KS4 qualifications including Sports leaders, catering assistants.</p>



Experiential and Enrichment activities		
Milton 40	School visits	Wider opportunities
<p>Milton 40 is a structured set of 40 key learning experiences and achievements for all pupils to complete during their time at Milton.</p> <p>Experiences support personal development and enhance the wider curriculum.</p> <p>Milton 40 helps pupils to:</p> <ul style="list-style-type: none"> • Develop confidence • Motivated to learn • Develop cultural capital • Gain knowledge and empathy in the areas of SMSC <p>The Milton 40 have been planned under the 4 areas of:</p> <ul style="list-style-type: none"> • Confidence • Culture • Community • Creativity 	<p>School visits allow pupils to transfer their personal development skill, connect the curriculum and bring learning to life. Visits linked to the curriculum are incorporated in the medium term planning and linked to disciplinary knowledge.</p> <p>Travel training through our My Independence and Preparation for Adulthood curriculums prepares pupils for school visits. This enables visits to be progressively planned moving from short visits in the minibus to taking the train to another town or city.</p> <p>Milton Big M class rewards provide another opportunity for pupils to take part in school visits and practice personal developments skills.</p> <p>Local visits typically include:</p> <ul style="list-style-type: none"> • Walking to the community café or shops • Walking surveys of the local area • Walking to the local place of worship or cenotaph • Walking to the local library • Roleplay centre • Local colleges • Museums, galleries 	<p>The PD programme includes wider personal development experiences for pupils during their time at Milton.</p> <p>These include:</p> <ul style="list-style-type: none"> • Pedestrian skills • Pre-padel and Go Scoot experiences • Bikeability • First aid training • Dental hygiene workshops • Careers workshops and taster days • Local policing team workshops • HATE crime workshops • Music and dance workshops

	<p>Further afield visits include:</p> <ul style="list-style-type: none"> • Local wildlife park and tropical world • Yorkshire Park • Taking the train to a shopping centre and cinema • Taster day at outdoor pursuits centre • Careers fairs and taster days <p>Residential visits</p> <ul style="list-style-type: none"> • Overnight stay at outdoor pursuits centre 	
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Clubs, interests and talents	
Clubs	Interests and talents
<p>Extra curricular clubs are on offer for pupils daily. We aim for all pupils to attend a club each term.</p> <p>Our clubs are planned to be accessible and varied, supporting pupils with different interests and strengths. Alongside sports activities, we also offer creative and practical clubs so that all pupils can find something they enjoy and feel confident taking part in.</p> <p>Pupil voice plays an important role in shaping our club offer, with ideas and feedback shared through pupil discussions and brought to staff by the School Council, helping ensure clubs reflect pupils' interests.</p> <p>Clubs include:</p> <ul style="list-style-type: none"> • Mindful colouring • Lego and construction • Rainbow club – small world and imaginary play • Reading, book and comics • New age Kurling • Dance • Singing • Ukelele • Football • Drama 	 <p>Milton is ambitious for all pupils, regardless of SEND needs and wants to inspire pupils.</p> <p>Our school community and environment provide a safe space for pupils to try out new activities to find their interest and talent.</p> <p>Talents and interests are closely linked to clubs and the wished expressed by pupils.</p> <p>The music service provide 1:1 tuition for individual pupils.</p> <p>School performances and plays provide opportunities for pupils to develop their creative skills.</p> <p>Pupils with a sporting talents and interests have opportunities to representative the school in trust competitions at sporting venues.</p>

Leadership opportunities		
School council	Ambassadors	Roles and responsibility
<p>School council elections take place at the start of the academic year. Pupils learn about the importance of democracy and fairness.</p> <p>Our school council meet regularly term. The role is held in high regard and pupils feel proud to represent their class and school.</p> <p>School councillors are taught how to conduct themselves and make positive contributions to school life.</p> 	<p>Our ambition is for pupils to lead and influence their peers. These pupils make positive contributions to the school community by being a role model and rewarding the positive learning behaviours of others.</p> <p>Ambassador roles currently include:</p> <ul style="list-style-type: none"> • Attendance • Science 	<p>The development of leadership skills begins in the classroom. By providing roles and responsibilities we support the personal development of:</p> <ul style="list-style-type: none"> • Confidence building • Organisational skills • Communication skills <p>Typically classes have pupil roles and responsibilities for:</p> <ul style="list-style-type: none"> • Fruit monitor • Breakfast monitor • Book area monitors

Volunteering and making positive contributions within the community		
Special days	Volunteering	Making positive contributions
<p>Special days and celebrations are an opportunity to come together to make a difference for good.</p> <p>We join in with national fundraising events including:</p> <ul style="list-style-type: none"> • Children in Need • Comic Relief • Mental health awareness • White Ribbon 	<p>Teaching pupils the qualities of a good citizen is important. Through our PHSE curriculum, assemblies and breakfast check ins we teach the pupils the qualities of a good and lawful citizen.</p> <p>We teach our pupils that 'kindness costs nothing, and makes us feel good. Through projects and opportunities to volunteer our pupils learn how they can make a positive contribution.</p> <p>Volunteering includes:</p> <ul style="list-style-type: none"> • Milton Community Clean Up Crew • Delivering at the food bank 	<p>We teach our pupils that our school values of Be kind, Be proud and Be creative are also important at school but also in the community with live in.</p> <p>Throughout the year we use assemblies, PSHE, breakfast check in to teach pupils how they can show these values at school and out in the community.</p> <p>Positive contributions pupils have made include:</p> <ul style="list-style-type: none"> • Harvest festival donations • A month of kindness 'Do Good December' • Good Samaritan project, taking gifts of thanks to people and places in the community • Taking food for animals at local shelters • Creating pieces of artwork for the local library • Creating artwork and bunting for the church

Working with parents and families to support personal development	
<p>Working partnership with families is a must if we are to make a real difference to our pupils' lives. As 80% of pupils are transported to school we have to make a conscientious effort to provide opportunities for parents and carers to join us in school.</p> <p>Parents are invited to school to take part in families events, workshops, curriculum session, coffee morning to find out how they can support their child at home and to share information with school staff.</p> <p>Parents and Carers of pupils on our My Independence curriculum are provided with the opportunity each half term to share information about their child related to the unit of the curriculum. This includes sharing what stage of development their child is at and their wishes for the future.</p> <p>Parent carer events include:</p>	 

- SEND coffee morning
- Friday Family Fitness sessions
- Sensory circuits for families
- Online safety workshop
- Employability coffee morning with DWP
- Coffee and workshop with the Speech and Language service
- Stay and Read
- Curriculum information events and workshops inc. Phonics for families, timetables and number skills
- Family crafts and bingo